

Patient: Ayush Upreti

ID: DB7480

DOB: 06-06-1999

DOS: 02-13-2025

NaN years old Male patient, Ayush Upreti was seen on 02-13-2025 as a followup patient

Past Medical History

N/A

Allergies

N/A

Current Medication

N/A

Review Of Systems

See HPI

History of Present Illness

Patient presents for first treatment of microneedling with PRP to the face.

Examination

- diffused hyper-pigmented macules/erythema/textural irregularities present on face

Assessment & Plan

Aesthetic Blemishes

Management options were discussed including: chemical peels, laser treatments, and topical retinoids. Risks and benefits of all options were reviewed.

Patient opted to proceed with the following treatment today: Microneedling w PRP
(Patient tolerated well)

Procedure

Micro-Needling + PRP Face

Treatment #: 1
PRP layered during Micro-Needling (total amount): 3 cc's
PRP Injected post Micro-Needling (total amount): 2 cc's

Discussed possible risks and benefits of procedure which includes but are not limited to infection, bleeding, nerve injury, erythema, edema, bruising, possible scar formation, worsening, and/or no improvement of skin condition. The treatment area was cleaned. Three passes with micro-needling at depth followed by PRP injection that was prepared as below. Peripheral blood is obtained from the patient. The blood was processed in a centrifuge and the PRP was prepared for injection. Using a 30 gauge 1/2 inch needle, platelet-rich plasma was injected. Each sub-dermal injection was spaced approximately 1cm apart with 0.5cc's injected. The patient tolerated the procedure well with no immediate adverse effects.

Electronically Signed by: Kiran Mian DOon 02-19-2025